

St. Joseph has a deep affection for all of us and he desires above all else to bring us closer to his Son, Jesus Christ.

He accomplishes this task in many ways and one of them is through the various devotions that have been developed by the Church over the centuries.

Here are 8 popular devotions to St. Joseph that are aimed at deepening our relationship with Jesus.

1. Seven Sundays devotion to St. Joseph – Whatever the origins may be, a devotion was developed where the seven sorrows and seven joys of Joseph became the focus of meditation on the seven Sundays preceding his feast on March 19.
2. Struggling with purity? Try the cord of St. Joseph!– When trying to overcome sexual addictions, such as pornography, one needs to rely on many tools supplied by both science and faith. One such tool can be wearing the Cord of St. Joseph, a devotional practice of the Catholic Church that has its roots in the 17th century.
3. Novena of the Holy Cloak of Joseph – The name alone draws one in with a beautiful image: the cloak that St. Joseph wore.
4. Consecration to St. Joseph– Similar to the way in which those who draw closer to the Virgin Mary are in turn brought closer to Jesus, those who dedicate themselves to St. Joseph will find themselves in a deeper relationship with God.
5. Why is Pope Francis so devoted to St. Joseph Sleeping?– The Pope has the habit of placing under the statue of the saint a list containing the problems, petitions, and prayers of the faithful. It's as if he were inviting Saint Joseph to "sleep on it," and perhaps to put a good word in before God to solve difficult situations and to help those in need, thus calling upon the saint's role as a father who is merciful and totally attentive to those he loves.
6. Litany of St. Joseph – The "Litany of St. Joseph," a prayer that invokes Joseph using various names that describe particular aspects of his heavenly intercession.
7. The Powerful 30 Day Prayer to St. Joseph– Why 30 days, you might wonder? According to tradition, St. Joseph died just before Jesus entered into his public ministry. The prayer therefore honors St. Joseph for each of the 30 years he spent with Jesus and Mary on earth.
8. How to pray the Rosary of St. Joseph – One such devotion is the Rosary of St. Joseph that uses the regular beads of the Marian rosary, but substitutes various prayers and mysteries to honor the foster-father of Jesus. It is a beautiful devotion, one that draws a soul closer to the beloved St. Joseph, Patron of the Universal Church.

***"St Joseph has the power to assist us in all causes, in every necessity, in every undertaking." - St. Thomas Aquinas***

St. Peter -In- Chains, Peterborough, June 2022

# Cathedral Connections



## PRAYER FOR FATHERS

We give our thanks, Creator God, for the fathers in our lives.

Fatherhood does not come with a manual, and reality teaches us that some fathers excel while others fail.

We ask for Your blessings for them all and forgiveness where it is needed.

This Father's Day we remember the many sacrifices fathers make for their children and families, and the ways--both big and small--they lift children to achieve dreams thought beyond reach.

So too, we remember all those who have helped fill the void when fathers pass early or are absent; grandfathers and uncles, brothers and cousins, teachers, pastors and coaches and the women of our families.

For those who are fathers, we ask for wisdom and humility in the face of the task of parenting. Give them the strength to do well by their children and by You.

In Your Holy name, O God, we pray. Amen.





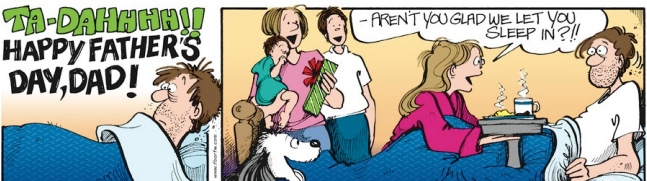
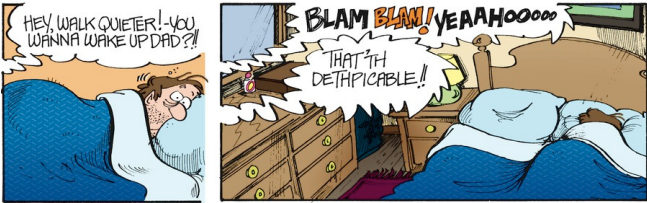
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PHONE  
MAN CAVE  
FOOTBALL  
DADDY  
SPORTSCAR  
RESPECT  
BEER  
WALLET  
RAZOR  
LOVE

## I SPY....



Small warbler, dull olive overall with intense yellow throat. Adult males have black mask bordered above by a white band. Females and immatures are duller but always have contrasting yellow throat and undertail coverts. Found in shrubby wet areas, including marshes, forest edges, and fields. Males often perch conspicuously when singing. Listen for ringing “witchity-witchity-witchity” song and low, harsh call notes.



## SHARING THE FAITH

Being a grandparent or a mentor can be one of the most rewarding experiences of one’s life. However, it isn’t always easy, especially for devout Catholics whose adult children are reluctant to pass on the faith to future generations. It can be heartbreaking for faith-filled grandparents to know their grandchildren are not being catechized at home or have not been baptized.

Grandparents can set good examples by staying firm in their faith, educating themselves and leading by example. Keeping close ties with children and grandchildren and building a trusting relationship is essential. Holidays can be a great time to bond with children and grandchildren through the sharing of family traditions.

Grandparents who have a close relationship with their grandchildren can find non-aggressive ways to share the faith, such as inviting them to a church picnic. When a grandparent is caring for the child, they can pray before a meal and before bed. Additionally, a grandparent can ask their grandchild to pray for them. Grandparents do not need to hide their faith; offering blessings and having religious objects around the house can offer opportunities for grandchildren to ask questions. Having Masses offered for grandchildren can also open up chances to discuss the faith.

Do not to be afraid or embarrassed to seek help or support. Communities or parishes may have support groups and the internet is filled with supportive resources for mentors and grandparents.

St. Anne and St. Joachim, pray for us.

## BRAIN TEASERS

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Solutions:

1) Broken Heart 2) Up in Arms 3) Right in the Middle of Everything 4) Head over Heels in Love 5) Neon Lights 6) Reading between the Lines 7) Very Interesting 8) Misunderstanding between Friends