

## SAINTS EVERY MOTHER SHOULD KNOW

### ST. MONICA

Saint Monica, you were persevering in your efforts to straighten the crooked paths of your son's life. Your prayers, pilgrimages, fasts, and words were fruitful, but only after many tears. Help us to be as concerned as you for the immortal souls of those who are close to us.

St. Monica, pray for us!

### ST. ELIZABETH ANN SETON

St. Elizabeth Ann Seton, aid us in overcoming the alienation of family due to our religious convictions. Help us to persevere through the hardships that come through illness and death, and give us the same zeal for souls that you showed toward your students, seeing in each of them the image of God.

St. Elizabeth Ann Seton, pray for us!

## MAY IS THE MONTH OF MARY

"For this is the month during which Christians, in their churches and their homes, offer the Virgin Mother more fervent and loving acts of homage and veneration; and it is the month in which a greater abundance of God's merciful gifts comes down to us from our Mother's throne." - Pope Paul VI

### 9 Ways to Celebrate the Month of Mary:

- 1) Flower your Mary statue.
- 2) Pray a novena to Our Lady.
- 3) Spread devotion to the Rosary and renew your own devotion to pray it frequently.
- 4) Learn a new Marian devotion.
- 5) Share the Miraculous Medal.
- 6) Memorize a Marian prayer or hymn.
- 7) Get invested in the Scapular.
- 8) Read a book about Mary.
- 9) Pray the Little Office of the Blessed Virgin Mary.

"Mary is the sure path to our meeting Christ. Devotion to the Mother of the Lord, when it is genuine, is always an impetus to a life guided by the spirit and values of the Gospel." - St. John Paul II

Please remember the children receiving First Holy Communion at the Cathedral on Sunday, May 8th, in your prayers.

Congratulations Caitlyn, Joy, Grace, Emily, Cameron, Bernadette, Braydon, Amber, Genevieve, Mikey, Austin, Dyson, Rourke, Declan & Kaliyah

St. Peter -In- Chains, Peterborough, May 2022

# Cathedral Connections



## PRAYER FOR MOTHERS

Mary, on this day when we honor all mothers, we turn to you. We thank the Lord whom you serve for the great gift of motherhood. Never has it been known that anyone who sought your intercession was left unaided by grace. Dear Mother, thank you for your "Yes" to the invitation of the angel which brought heaven to earth and changed human history. You opened yourself to God's word and the Word was made flesh and dwelt among us.

Dear mother, intercede for all of our mothers. Ask your Divine Son to give them the grace of surrendered love so that they could join with you in giving their own "Fiat." May they find daily strength to say yes to the call to the sacrificial love - the very heart of the vocation of motherhood. May their love and witness be a source of great inspiration for all of us called to follow your Son.

On this Mothers Day, Mother of the Word Incarnate, pray for us who have recourse to you...

In the Name of the Father, the Son and the Holy Spirit.



"THE HISTORY OF  
**EVERY HUMAN BEING**  
PASSES THROUGH THE  
THRESHOLD  
*of a woman's  
motherhood.*"

POPE SAINT JOHN PAUL II



I SPY... KAWARTHA LAKES WILDFLOWERS

Wildflowers make up a significant proportion of the local terrestrial food web. They are species that have evolved to withstand the harsh Ontarian climate, with no artificial rendering from humans. Because of these factors, wildflowers are key to sustaining life in fragile ecosystems and are an indication of stellar biodiversity. Several *ephemeral* wildflower species are relatively short-lived, meaning they are in bloom for a short duration—usually spanning only a couple of weeks—while deciduous foliage is still developing, and the wildflowers can harness the sun’s energy that freely reaches them! Ephemeral wildflowers exist in dense woodlands and do not gain great vertical height. The success rate of the growth of these species is directly dependent on the health of the ecosystem in which they inhabit.



Lady’s Slippers are fascinating, fragile species that look like none other! A single stem containing an alternate arrangement of ovate leaves gives way to a breath-taking irregular yellow flower (resembling a slipper-like formation) and several irregular-shaped petals behind it. There are several species of Lady’s Slippers. It is important to note that some species are endangered in Ontario —Lady’s Slippers are unique to their habitat and require very specific growing environments.



Mayapples are some of the very first wildflowers to bloom in Ontario. Mayapples are characterized by their noticeably large six-lobed leaves (ending in bristled tips), containing deep sinuses/cuts. Their small, white flowers are dainty and very delicate. Fun fact: only the ripened fruit from Mayapples can be consumed; non-ripe fruit (soft and green in colour) are poisonous and carry cathartic properties.

"If every tiny flower wanted to be a rose, Spring would lose its loveliness" - St. Therese of Lisieux

HAPPY MOTHERS DAY

U S I L I S T E N I N G S V F S J E D X U O R R  
Y N N E R D L I H C Y Q H R T S P A Y B A B R E  
U W Y G Q Z S F N X G N I R A C M G W T O J E H  
E P C Q T S E K M T M Z C R F J Q S D T J D A T  
Y D N A C N K E I T B V S Y K G N I S E D K D E  
R F M A K N A V Q S R E W O L F I L Z Z H V U G  
O F L B G F C L W A D R A C O X M J I S E F M O  
I F P Y M G P R G A I H W P H M O Y G S L W O T  
S S Z V N R U D L S I A B U A D C W V R P Z T V  
C C T N M U C D F K K P D S S H V M C L I N H T  
V E B L V H D M U Z I P O M J J L Z O O N G E G  
T D A T Y R B R R P C Y Q I E S E X O V G N R N  
U B Y P P A H F L X A M K L D A C S K E K I S I  
Y E L B G A G K G E K O M I V S I E I X S K D H  
K D A Z N T J O G H E T E N Z A F I E T E O A C  
T T U L U L A B Y C J H K G T F R N S B S O Y T  
C I G A S G U H U L M E T P R W C W L U S C O A  
J M H H V P F Z C Y E R J R X F M O B P I W F W  
N E H O M E W O R K G S X E O O N R L J K S F R  
S S U G A S S E B H H D Q R V X P B V G F O N I  
T T M E V V U D X V R A M L N T K C A K X F H G  
F O M V V B A K I N G Y P Y S E G M H U Z J B G  
N R Q U A E Q K P J I O M O T H E R G O O S E F  
W Y W M O T H E R Y Z Z W W Y R H P E Y U Q J E

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|-----------------|----------------------|-----------|---------------|
| COOKING         | SMILING              | LISTENING | HOMEWORK      |
| HELPING         | WATCHING TV TOGETHER | CAKE      | BROWNIES      |
| CUPCAKES        | COOKIES              | BAKING    | LAUGH         |
| HAPPY           | KISSES               | HUGS      | BEDTIME STORY |
| READ            | BABY                 | CARING    | MOTHER GOOSE  |
| LULABY          | SING                 | CHILDREN  | MOTHER        |
| LOVE            | CARD                 | CANDY     | FLOWERS       |
| MOTHERS DAY OFF | HAPPY MOTHERS DAY    |           |               |

Mother's Day is Sunday, May 8th!

RECIPE FOR MOTHERHOOD

- 4 lbs of unconditional love
- 1 bunch of affection
- 2 tbsp. of trust
- 3 handfuls of hugs
- 2 drops of wisdom
- A pinch of laughter
- 4 cups of patience

Season with intuition 7 dedication, mix with smiles, happiness & joy and serve for an entire lifetime.

