# Cathedral of St. Peter-In-Chains Sunday, January 28, 2024

Welcome to the Cathedral! Are you new here? We are so glad you have joined us. Please visit our website and register: www.stpeterspeterborough.ca

#### MASS INTENTIONS 4th Week of Ordinary Time

#### Monday, January 29th 7:30am - + Greg Pierzchala - Joseph Courneya

12:10pm - + Addolorata D'Aguila - Rosa Cutrone

## 7:30am - + William Daly - Cathie Batten

Tuesday, January 30th

12:10pm - Intentions of Lorraine Leddy - Carl Leddy

### Wednesday, January 31st

7:30am - Intentions of Living & Deceased Members of the Devereaux Family - A Friend 12:10pm - Intentions of Catherine Offierski - A Friend

#### Thursday, February 1st

7:30am - + Dr. Paul Kolodej - Dr. Vera Kolodej 12:10pm - + Darlene Chubb - Dawn Michie

#### Friday, February 2nd

7:30am - Intentions of Living & Deceased Donors to the Perpetual Fund 12:10pm - + John Allen - The McConkey Family

#### Saturday, February 3rd

9:00am - + Colleen Dow - The Ward Family 5:00pm - Intentions of Ranald Pearson - Cathedral Pastoral Team

#### Sunday, February 4th

7:30am - People of the Parish 9:00am - Intentions of Catherine Beresford - Cathedral Pastoral Team

10:30am - Intentions of the Cathedral Choir Members -Cathedral Pastoral Team

#### We Pray for the Sick...

Fran Barry, Jeannie Caravaggie, John Davies, Mike Gain, Christine Hatherly, Steve Henry, Theresa Jermey, Millie Lafleche, Lorraine Leddy, Javier Lopez, Margaret MacMaster, Crystal McCausland, Maureen McGillis, Autumn Shane & Pauline Sherry

#### **OFFERTORY**

January 21, 2024

Pre-Authorized

Online

2.722.00

194.79

1.380.88

There are many ways of giving at the Cathedral. As well as Offertory Envelopes, we have Pre-Authorized Offertory Plan, and on-line donation through our new website. Please also, remember the Cathedral in your estate planning. As always, your support of our Cathedral is greatly appreciated.

Online donations are made through our new website: www.stpeterspeterborough.ca/giving or by using the QR codes on the cards in the pews. Please do not make offertory donations by e-transfer.

#### FROM THE OFFICE

Ash Wednesday is on February 14th this year. Please drop off old palms at the office or back of the church to be burnt in the coming weeks and used for the distribution of ashes.

We are beginning to prepare the charitable tax receipts. If you have moved in the past 12 months, please ensure that we have your correct address by calling or emailing Catherine.

We have recently begun to send out the weekly bulletin by email - as well as other notices and announcements. If you have not received emails please check your Junk. If you would like to receive these emails, please contact the office with your email address. If you are receiving the emails and wish not to, please unsubscribe at the bottom of the email. Again, if you are having any trouble, please iust contact Catherine.

#### **ALPHA**

Join us for ALPHA! Meet others and chat about some of life's big questions in an open and nonthreatening environment. Alpha is for anyone and everyone.

St. Alphonsus Liguori Parish Hall, 810 Frank St. Beginning February 13th for 11 weeks, 6:30 - 8:30pm sharp. Supper, a short video followed by small group discussions.

No fee and no obligation. Come try it out. (Please let us know if you are coming to ensure enough food) Register/info at www.stalphonsus.net/alpha\_stalphonsus.

More questions? monica@stalphonsus.net

#### HOW TO PREPARE FOR LENT

Don't blink. Lent will be here before you know it. Isn't that how it always is? The Christmas season is behind us and it feels like Ordinary Time has only just begun but suddenly it's Ash Wednesday, and we're scrambling to decide what we're doing for Lent and wondering whether our choice of penance is too hard or too easy. This year, don't let Lent take you by surprise —have vour plan in place.

Before Ash Wednesday catches you unawares, make a point of sitting down and give some thought to how you want to spend this Lent. There are three holy practices which Catholics are called to embrace in penitential seasons such as Lent and Advent. These three practices are prayer, fasting, and almsgiving. When you make your Lenten plan, choose something specific from each category and you're set for a gracefilled journey to Easter.

#### 1. Prayer

This Lent, try spending at least fifteen minutes in prayer a day. If you already do this, make the Rosary a daily habit. If you already do that, maybe add a Divine Mercy chaplet or a Holy Hour before New on Formed.org: Jesus in the Blessed Sacrament. Give it some thought, and write down your commitment.

#### 2. Fasting

Maybe pick a few more days during Lent to practice the Ash Wednesday/Good Friday fast. A reminder that fasting is only required for people between 14 and 60 years of age. Maybe have one or two meals a day on one particular day of the week. Some people manage to do a bread-andwater fast at least once a week. If all this sounds too overwhelming, you can simply stick to the requirements of the Church and do them wellwith your whole heart and soul.

#### 3. Almsgiving

Pray about what alms you can give and to who. Discuss it with Jesus. "Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver" (2 Corinthians 9:7).



#### **CWL NEWS**

The next CWL meeting is on Saturday, February 10th at the Rectory following the 9:00am Mass. All members are asked to please try to attend. As always, new members are most welcome!

#### **KNIGHTS OF COLUMBUS**

The next general meeting of our Cathedral Knights of Columbus, Council 9873, is on Monday, February 19th at 6:30pm at the St Peter's High School Library. All members are encouraged to attend.

#### CATHEDRAL MOMS GROUP

Are you a mom in the parish? Would you like to connect with other Cathedral moms? Our Cathedral Moms Group is open to all mothers - no matter what season of life you are in - to come together for prayers and socializing. The next meeting is Wednesday, January 31st at 8:00pm at a home in Peterborough. For more information, call the office.

#### **FORMED.ORG**

The Wild Goose

God is Love. We hear it all the time, but has it really sunk in? In this series, Fr. Dave Pivonka walks us through what that really means in our own lives. Shot n various locations from Niagara Falls to the California desert, The Wild Goose invites viewers to an encounter, or a renewed encounter, with the Holy Spirit.

#### WHAT IS FORMED.ORG?

Formed.org is "Catholic Faith On Demand". Similar to Netflix, Formed.org gives you access to Catholic movies, audio books, radio talks, podcasts, studies and much more! And there is no fee for parishioners of the Diocese of Peterborough!

#### **HOW DO I GET FORMED.ORG?**

- Go to www.formed.org
- Click on "Formed for Individuals" button
- Enter your email address & click "submit" button • Enter "Cathedral of St Peter In Chains & click "next"
- Enter your name & email address & click the "sign
- up" button.