

## SPOTLIGHT ON THE CATHEDRAL

"I need nothing  
but God, and  
to lose myself  
in the Heart of  
Jesus"

-St. Margaret Mary Alacoque



On the First Friday of the month, at the Cathedral, we have Adoration following the 7:30am Mass until 12:00pm before the noon Mass.

We are looking for people to sign up to remain in the church during these hours. If you can commit to a specific hour, it would be greatly appreciated. Please contact Catherine in the office to volunteer.

## FIRST FRIDAY DEVOTIONS

Jesus made the following 12 promises to St. Margaret Mary in favor of those who consecrate to the Sacred Heart, in a spirit of reparation, the First Friday of each month.

1. I will give them all the graces necessary in their state of life.
2. I will establish peace in their homes.
3. I will comfort them in all their afflictions.
4. I will be their secure refuge during life, and above all, in death.
5. I will bestow abundant blessings upon all their undertakings.
6. Sinners will find in My Heart the source and infinite ocean of mercy.
7. Lukewarm souls shall become fervent.
8. Fervent souls shall quickly mount to high perfection.
9. I will bless every place in which an image of My Heart is exposed and honored.
10. I will give to priests the gift of touching the most hardened hearts.
11. Those who shall promote this devotion shall have their names written in My Heart.
12. I promise you in the excessive mercy of My Heart that My all powerful love will grant to all those who receive Holy Communion on the First Fridays in nine consecutive months the grace of final perseverance; they shall not die in My disgrace, nor without receiving their sacraments. My divine Heart shall be their safe refuge in this last moment.

The Church grants a Plenary indulgence to those who attend Mass and receive Communion in honor of The Sacred Heart of Jesus on the First Friday of each month for nine (9) consecutive months.